



# Lyndhurst Elementary School

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Dear Families,

We are excited to announce that Sports Day will take place on Friday, May 15, 2026, from 9:00 a.m. to 1:00 p.m. (early dismissal). This year's theme is Disney, and students will participate as members of one of three teams: Mickey Mouses (Red), Tiggers (Orange), and Donald Ducks (Blue).

## Schedule of the Day

- 8:55 – 9:05 a.m.** Students report to their classrooms.
- 9:05 – 9:15 a.m.** Students move to their house team classrooms to practice cheers.
- 9:15 – 9:45 a.m.** Teams assemble on the field in front of their banners to kick off the event. Activities include team cheers, grade level races, a preschool race, a parent race, and an intermediate relay race.
- 9:45- 10:25 a.m. Stations 1–4** Students rotate through stations in groups.
- 10:25 – 10:40 a.m. Snack Break** Snacks will be delivered to students.
- 10:40 – 11:20 a.m. Stations 5–8** Students continue rotating through stations in groups.
- 11:20 – 12:00 a.m. Final Events** The day wraps up with Tug of War, the announcement of final standings, and ribbon distribution.
- 12:00 – 1:00 a.m. Lunch** Students that ordered hot lunch will collect their lunch from designated tables. Those students who did not order hot lunch will collect their lunch from classrooms. Families are invited to eat lunch outside, in the gym or in classrooms. At 12:55 p.m., students will return to their classrooms for attendance and be dismissed at 1:00 p.m..

## What should my child wear?

Students are encouraged to wear the colours of their house team: Mickey Mouses (Red), Tiggers (Orange), and Donald Ducks (Blue). Please ensure students come dressed in athletic clothing, such as a t-shirt, shorts, and running shoes. A hat is also recommended for sun protection.

## What should my child bring?

- A water bottle and lunch, if they did not order hot lunch
- Lyndhurst PAC will be providing all students with a nutritious snack during the snack break

## What if it rains?

If the weather does not cooperate, Sports Day activities will take place inside the gymnasium. We are all looking forward to a day filled with fun, games, and school spirit. Families are warmly invited to watch the events and even join in the preschool and parent races. We hope you can join us for this special day!

