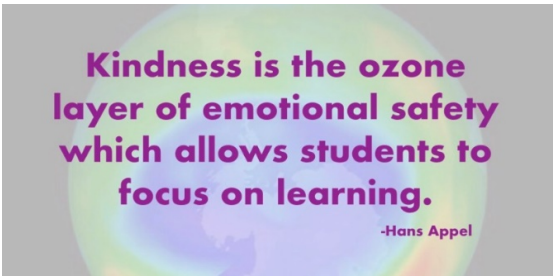
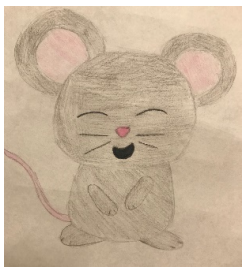


MAY 2019 NEWSLETTER



1000 ACTS OF KINDNESS GOAL REACHED!

May was another busy month here at Lyndhurst!

Our Track Teams finished up with an Awards Meet. Thanks to Mr. Lathigee for providing the opportunity for our grade 4-7 students.

Our band participated in the Festival of Beginning Bands and our grade 5s were introduced to band by Ms. Nastalski as an option for next year when they are in grade 6.

Restorative Justice finished for the school year and will be starting up again with our primary classes in September.

Sport's Day was an adventure as the rain arrived and we had to switch to indoor stations. The students had a great time.

Ms. Ho and Ms. Youssefi's class went to Stoney Creek School to watch the Indigenous House Post carving and talk with the carver.

Our Kindergarten orientation welcomed next year's Kindergartens to our school on May 27th

SOCIAL EMOTIONAL LEARNING AT LYNDHURST

Just like academic levels students can have a variety of levels in terms of their ability to manage their emotions and regulate their behaviour. At Lyndhurst we have a variety of programs in place to support students' Social Emotional Development:

- At the primary level teachers use Zones of Regulation and other programs to directly teach students to recognize their emotions and develop strategies to deal with difficult emotions.
- Ms. Harrison, our school Counsellor has been working with some classes using the *Kids in the Know* program which focuses on Personal Boundaries, Assertiveness and Friendship.
- Ms. Liang our school Speech & Language Pathologist has been supporting our primary teachers to use the *We Thinkers* program to help students learn how to develop skills for working with and being with others.
- Some students require more direct instruction in these areas. These students work in small groups or one-on-one with our Learning Support Teacher and/or school counsellor using programs such as "The Social Detective"
- Restorative Justice has been running circles with our Grade 1-5 students to help students learn to resolve conflict, including how to express what is going on for them in conflict situations how to repair relationships when harm has been done.
- Our Intermediate classes go deeper into this skill development having students learn about the self-regulation strategies that are the most successful for them as well as looking at gratitude, compassion and the impact of hurtful language. We also have Sean McCarron, the Safe Schools Worker from Burnaby Mountain connecting with our Grade 6 & 7 students.
- Constable Wong, our school Liaison Officer came to speak to classes about solving problems safely.
- Finally, after a presentation on Kindness by Michelle Sipl from UBC our students took the lead in coming up with a goal to perform **1000** Acts of Kindness. Students shared both their own acts and those they observed others doing. In May they reached this goal!

Social Emotional Development occurs over time with direct instruction and supported experience solving conflict with others. If you have any questions or concerns, please feel free to contact us. Thank you for all you do to support your children and work with our school in this important area!

Mrs. Hartman and Mrs. Moro

